



AuSable Valley Community Mental Health Authority

Joseph Stone, Board Chairperson
David L. Beck, Ed.D., LPC, Executive Director

BOARD MEETING MINUTES

Monday, March 23, 2015

5:00 p.m., West Branch

1) CONVENE

a) Call to Order

The regularly scheduled meeting of the AuSable Valley Community Mental Health Authority Board was held on Monday, March 23, 2015, at the Board's West Branch office. The meeting was called to order by Chairman Joe Stone at 5:00 p.m.

b) Roll Call

Board members present: Joe Stone, Al Evans, Mike Welsch (via phone), Gary Klacking, Rose Walsh, Jay O'Farrell, Roberta Roulo, Bonnie Lixey (via phone), Scott Colclasure, Mark Grantner, Patti Casey, Jim Cummins

Board members excused: None.

Board members absent: None.

Staff present: Teresa Tokarczyk, Regina Demetrakeas, Craig Williams, Dan Smith, Ellen Mehl

Staff absent: None.

Guests: None.

A quorum was present.

c) Approval of February 23, 2015 Minutes

It was moved by Mr. Welsch, second by Ms. Casey, to approve the minutes of the February 23, 2015 Board meeting as printed. All ayes, motion passed.

d) Approval of Agenda

It was moved by Ms. Roulo, second by Mr. O'Farrell, to approve the Agenda as presented. All ayes, Motion passed.

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e) Correspondence

Mr. Stone reported that four Board members have been re-appointed for three year terms by their respective Boards of Commissioners. They are: Mr. Klacking, Mr. Welsch, Ms. Lixey, and Mr. Stone.

f) Announcements - None.

g) Public Comments – None.

2) BOARD EDUCATION - Secondary Trauma, Regina Demetrakeas

Ms. Demetrakeas, Program Director for the Family Program, circulated material for her presentation. A definition of Secondary Trauma is: symptoms much like PTSD that manifest with caregivers and workers who care or work with those who have been trauma affected. It is “the stress resulting from helping or wanting to help a traumatized or suffering person.” Professionals and family members who work with traumatized or distressed children, adults or families are at risk for secondary trauma.

When staff start to present with symptoms, agencies need to help them build resiliency. NEMCMH has a debriefing team for staff.

4) REPORTS

a) Chairman

Mr. Stone reported that he has been re-appointed to the NMRE Board.

b) Michigan Association of Community Mental Health Boards (MACMHB)

Mr. Stone reminded about the opportunity for Board members to contribute to the PAC. He noted that Dr. Beck will match contributions made by Board and Administrative Staff up to \$20.

The Spring Conference will take place May 19 and 20 in Grand Rapids at the Amway Grand. Pre-Conference Institutes are May 18. If you are interested in attending, please let Ms. Mehl know as soon as possible.

Mr. Stone reported that DVDs are going to be made of Boardworks speakers' presentations to allow Board members who haven't received training at Conferences to view.

The Member Services Committee is going to begin recognition of Board members who have served a significant number of years with CMHs. 20, 30, and 40 years, etc., will be recognized with plaques.

c) Northern Michigan Regional Entity (NMRE)

Mr. Dave Schneider, CEO of the NMRE, will be attending the AVCMHA May Board meeting.

d) Director's Report

Dr. Beck was not in attendance at the meeting today. Chairman Stone suggested that Board members review his report and communicate with him about any questions or comments they may have.

The report noted that three Long-term Plans will be presented for consideration tonight.

Earlier in the month Dr. Beck met by phone with Deputy Director Lynda Zeller to discuss a proposal he penned, with the support of a number of other directors, that called for the development of a Rapid Cycle Incubator to allow new program models to be vetted, piloted, and measured.

Work continues on the full implementation of the electronic medical record and the Computer Training Center is almost complete.

Staff have been stepping up and producing quality results on a number of efforts. In his report, Dr. Beck thanked staff including Nikki Amrich, Tara Adamczak, Glenn Gray, Craig Williams, Sydney Larsen, Diane Pelts, Fred Overholt, Jamie Stout, Rena' Sherman, Kathy Miner, and Kim Fenner who are among those who have accomplished much of the good work that is going on recently.

e) Committee

i) Personnel – March 2, 2015

Committee Chair Mike Welsch read the Committee meeting minutes.

There were no items that required action by the Board.

ii) Personnel – March 12, 2015

Committee Chair Mike Welsch read the Committee meeting minutes.

It was moved by Mr. Welsch, second by Ms. Roulo, to report to the Board that all actions taken in regard to a termination process were compliant with policy. Roll call vote taken: all ayes. Motion passed.

iii) Building - March 12, 2015

Committee Chair Al Evans read the Committee meeting minutes.

It was moved by Mr. Evans, second by Mr. Cummins, to include the Facility Long-term Plan in the Board's Long-term Plan. Roll call vote taken: all ayes. Motion passed.

It was moved by Mr. Evans, second by Ms. Walsh, to enter into a lease with St. Vincent DePaul using the terms presented with signature by the Executive Director. Roll call vote taken: all ayes. Motion passed.

iv) Program - March 12, 2015

Committee Chair Patti Casey read the Committee meeting minutes.

It was moved by Ms. Casey, second by Mr. Evans, to accept and file the Residential Services Long-term Plan as presented. Roll call vote taken: all ayes. Motion passed.

v) Executive and Finance – March 17, 2015

Committee Chair Gary Klacking read the Committee meeting minutes.

It was moved by Mr. Klacking, second by Mr. Colclasure, to adopt the Cost Accounting Long-term Plan. Roll call vote taken: all ayes. Motion passed.

It was moved by Mr. Klacking, second by Ms. Casey, to accept the February financial statements as presented. Roll call vote taken: all ayes. Motion passed.

It was moved by Mr. Klacking, second by Mr. Colclasure, to approve the Autism services contract with Centria of Novi, Michigan. Roll call vote taken: all ayes. Motion passed.

It was moved by Mr. Klacking, second by Mr. Cummins, to approve the contract for crisis residential service with Hope Network for services the Agency has used for years with Saginaw Meadows Crisis Residential Services, as presented. Roll call vote taken: all ayes. Motion passed.

It was moved by Mr. Klacking, second by Ms. Walsh, to approve the NMRE contract that will allow AVCMHA to receive funding from the NMRE effective October 1, 2015. Roll call vote taken: all ayes. Motion passed.

5) OLD BUSINESS - None.

6) NEW BUSINESS – Nominating Committee

Committee members are Rose Walsh, Scott Colclasure, and Gary Klacking. If you are interested in serving as an AVCMHA Board officer, communicate with one of these three, or Dr. Beck.

7) COMMENTS

a) Board - None.

b) Staff – None.

c) Public - None.

8) MEETING DATES

a) Board

i) Monday, April 27, 2015, 5:00 p.m., Tawas City

b) Committees

i) Personnel - Monday, April 6, 2015, 4:00, West Branch

ii) Building - Thursday, April 9, 2015, 2:00, West Branch

iii) Recipient Rights - Tuesday, April 14, 4:00, Tawas City

iv) Program - Thursday, April 23, 2015, 4:00 p.m., Tawas City

v) Executive & Finance - Tuesday, April 21, 2015, 4:30, West Branch

vi) Nominating - Monday, April 27, 2015, 4:00, Tawas City

9) ADJOURN

Mr. Welsch made a motion to adjourn, second by Ms. Walsh, motion passed. Meeting adjourned at 5:49 p.m.

Respectfully submitted,



Ellen Mehl
Board Secretary